

## Grocery List for Teriyaki Chicken Freezer Bag Meal

1 and 1/2 pounds Chicken Breasts

3 Carrots

1 Green Bell Pepper

3 Cloves Garlic

Ginger Paste (found with produce)

Soy Sauce

Brown Sugar

Teriyaki sauce

Sesame Oil

Chicken Broth

One Gallon Size Freezer Bag

